



# RootedSparks - Advisory Consistency Pilot

A 6-week advisory refinement designed to strengthen classroom readiness and decision-making under pressure, without increasing teacher burden.

## THE CURRENT GAP

Most independent schools already have advisory and SEL structures in place. What's changed is the environment students are navigating outside those structures.

As AI tools become embedded in daily student life, the research is surfacing a consistent pattern: students are losing practice with the one skill advisory is supposed to build — the deliberate pause between stimulus and response:

- Inconsistent follow-through
- Escalation under pressure
- Advisory language that doesn't consistently transfer into behavior
- Rising classroom friction

This pilot tests whether embedding shared decision-making routines into advisory improves consistency and reduces friction.

A 2026 Stanford review of causal AI research confirmed what many school leaders already sense: as AI handles more cognitive retrieval, the differentiating student skills are durable ones — judgment, self-regulation, and the ability to make decisions independently under pressure. Those skills require repetition and productive friction to develop. They cannot be outsourced.

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## SHARED DECISION FRAMEWORK

Students practice a consistent sequence across classrooms:

**Pause → Interpret → Choose → Repair**

This framework is used in real classroom moments of friction — not just in discussion. This distinction matters. Research on durable skill formation is consistent: habits only transfer when practiced under real pressure, not in controlled conditions.

Over time, students build the habit of pausing before reacting, leading to faster resets and more consistent follow-through.

## WHAT IS THIS PILOT

### 6-Week, Single-Grade Advisory Implementation

- One grade (1–3 classrooms)
- 30–45 minutes per week
- Optional 3-minute daily anchor routine
- No required PD
- Screen-light, facilitation-supported
- \$99 pilot commitment (credited toward adoption)

This is advisory refinement, not philosophical change. It is a structured 6-week implementation focused on ease of delivery and observable classroom shifts.

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## WHAT SHIFTS DURING THIS PILOT

During the 6 weeks, schools observe directional movement in:

- Students using shared language (pause → interpret → choose)
- Faster recovery after peer conflict
- Reduced escalation during small disruptions
- More consistent independent follow-through
- More consistent advisory routines

Success does not mean zero behavioral incidents. Success looks like lighter teacher prep, visible shared language, and quicker conflict resets.

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## HOW WE MEASURE

This pilot is designed to surface directional Tier 1 consistency patterns — not prove causation.

We use lightweight teacher, student, and administrator signals to track:

- consistency of shared language
- frequency of repeated friction
- time to classroom reset

*The goal is clarity — not perfection.*

## END-OF-PILOT DECISION POINT

**At Week 6, we hold a 30-minute structured debrief reviewing:**

- Implementation ease
- Observable classroom shifts
- Teacher experience
- Advisory fit
- Scale considerations

**Schools then choose:**

1. Adopt (apply \$99 credit)
2. Expand to additional sections/grades
3. Pause — no obligation

The pilot is designed to create clarity — not pressure.

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## IF YOU CONTINUE

RootedSparks is developmentally structured across K–12. This progression prevents advisory fragmentation and builds a shared language across divisions.

**Elementary:**

Pause routines, emotional signaling, early follow-through habits

**Middle School:**

Decision windows, peer repair, executive function under pressure

**High School:**

Reputation as repeated pattern, identity formation, long-term consequence modeling

**Schools gain:**

- Consistent shared language across grades
  - A visible progression from awareness → decision → pattern
  - Reduced fragmentation in advisory delivery
  - A structured advisory spine across divisions
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## NEXT STEPS

- **We recommend a brief 15-minute conversation to confirm grade level and timing. Reply directly or email [hello@rootedsparks.com](mailto:hello@rootedsparks.com) to schedule.**

*The 6-week pilot is designed to provide clarity, not obligation.*